

(13) 31st January 2024 12:46am

Yawmul Arba' Arba'a

Book 145: Patterns

30/01/2024

- Bismillahirrahmaanirraheem
- In the Name of Allah,  
The Entirely Merciful,  
The Especially Merciful

### Text/Matz

1. Today's patterns were really difficult to deal with
2. The patterns lasted from afternoon till night, and I could not sleep till early night
3. My Mum helped me with reminding me to concentrate or relaxing